ARIZONA DEMONSTRATION FACT SHEET

March 30, 2009

Name of Section Demonstration/Waiver: Arizona Health Care Cost Containment System (AHCCCS) 1115 Demonstration

Date Proposal Submitted: May 22, 1982
Date Proposal Approved: July 13, 1982
Date Implemented: October 1, 1982
Date Expires: September 30, 2006
Date Renewal Submitted: September 27, 2005
Date Extension Approved: October 27, 2006
Extension Expiration: September 30, 2011

SUMMARY

Until 1982, Arizona was the only State that did not have a Medicaid program under title XIX. In October 1982, Arizona implemented the AHCCCS as a section 1115 demonstration project. From October 1982 until December 1988, AHCCCS covered only acute care services, except for 90-day post-hospital skilled nursing facility coverage. In November 1988, a 5-year extension of the program was approved (later amended to 6 years) by CMS to allow Arizona to implement a capitated long term care (LTC) program for the elderly and physically disabled (EPD) and the developmentally disabled (DD) populations. The Arizona Long Term Care System (ALTCS) began in December 1988 for DD members and in January 1989 for EPD members. It is administered as a distinct program from the acute care program.

On October 1, 1990, AHCCCS began phasing in comprehensive behavioral health services, beginning with coverage of seriously emotionally disabled children under the age of 18 years who require residential care. Over the next 5 years, behavioral health coverage was extended to all Medicaid-eligible persons.

In November of 2000, Arizona voters approved Proposition 204, which expanded income limits to 100 percent of the Federal poverty level (FPL) for full acute care Medicaid. This expansion was approved in January 2001 by CMS and included coverage up to 100 percent for traditional Temporary Assistance for Needy Families and SSI populations as well as adults without dependent children in addition to the Medical Expense Deduction (MED) program for Medicaid-eligible persons.

In 2001 the AHCCCS program submitted a HIFA amendment and the State received permission from CMS to use title XXI funds to expand coverage to two populations: (1) adults over age 18 without dependent children and with adjusted net family income at or below 100 percent of the FPL, and (2) individuals with adjusted net family income above 100 percent FPL and at or below 200 percent FPL who are parents of children enrolled in the Arizona Medicaid or Children’s Health Insurance Program (CHIP) programs, but who
themselves are not eligible for either program. Children are enrolled in the Arizona CHIP program, known as “KidsCare.”

On March 13, 2006, Arizona submitted a “Waiver Renewal Proposal” for its entire section 1115 demonstration. This renewal is significant in that it is the first time that the ALTCS portion of the demonstration is required to establish budget neutrality.

On April 1, 2008, Arizona was granted expenditure authority for the requirements under section 1115(a) of the Social Security Act for the cost of covered outpatient drugs notwithstanding the prohibition on Federal financial participation found at section 1903(i)(23) regarding the use of tamper resistant prescription pads.

On April 10, 2008, Arizona submitted an Employer Sponsored Insurance (ESI) program proposal. Under the program, AHCCCS will provide premium subsidies to Title XXI eligible state plan members for the purchase of ESI. The population eligible for the proposed ESI program are Title XXI eligible children of employees who work for qualifying employers with a family income between 100% FPL through 200% FPL who have access to qualified ESI coverage.

On October 2, 2008 CMS approved the State’s request to amend the title XXI (CHIP) component of the AHCCCS section 1115 demonstration. The State was approved to implement a statewide premium assistance program for title XXI (CHIP) eligible children with access to employer sponsored insurance with a family income above 100 percent of the Federal poverty level (FPL) through 200 percent of the FPL.

AMENDMENTS

Number of Amendments: 12

1) Health Insurance Flexibility and Accountability (HIFA)
   Date Amendment Submitted: September 20, 2001
   Date Amendment Approved: December 12, 2001
   Date Amendment Effective: November 1, 2001

2) Estate Recovery
   Date Amendment Submitted: January 17, 2001
   Date Amendment Approved: March 14, 2002
   Date Amendment Effective: March 14, 2002

3) Arizona Long Term Care Services (ALTCS) Premiums
   Date Amendment Submitted: January 16, 2004
   Date Amendment Approved: October 27, 2006
   Date Amendment Effective: October 27, 2006

4) Quarterly Income Disregard
   Date Amendment Submitted: February 3, 2004
   Date Amendment Approved: Not Approved
   Date Amendment Effective: N/A

5) Provider Choice
6) Spouses as Paid Caregivers
Date Amendment Submitted: March 15, 2006
Date Amendment Approved: October 27, 2006
Date Amendment Effective: October 27, 2006

7) MCO Disenrollment for Cause
Date Amendment Submitted: March 15, 2006
Date Amendment Approved: Not Approved
Date Amendment Effective: N/A

8) Mandatory Enrollment
Date Amendment Submitted: March 15, 2006
Date Amendment Approved: October 27, 2006
Date Amendment Effective: October 27, 2006

9) Dental, Hospice and Family Planning Expansion
Date Amendment Submitted: June 27, 2007
Date Amendment Approved: Under Review
Date Amendment Effective: N/A

10) Tamper Resistant Prescription Pads
Date Amendment Submitted: March 26, 2008
Date Amendment Approved: April 1, 2008
Date Amendment Effective: April 1, 2008

11) Employer Sponsored Insurance
Date Amendment Submitted: April 10, 2008
Date Amendment Approved: October 2, 2008
Date Amendment Effective: December 1, 2008

12) Employer Sponsored Insurance Premium Modification
Date Amendment Submitted: February 2, 2009
Date Amendment Approved: Under Review
Date Amendment Effective: N/A

ELIGIBILITY

<table>
<thead>
<tr>
<th>State Reported Enrollment in the Demonstration (as requested)</th>
<th>Current Enrollees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title XIX funded State Plan</td>
<td>871,841</td>
</tr>
<tr>
<td>Title XXI funded State Plan</td>
<td>64,153</td>
</tr>
<tr>
<td>Expansion Type</td>
<td>Enrollment Count</td>
</tr>
<tr>
<td>----------------------------------------</td>
<td>------------------</td>
</tr>
<tr>
<td>Title XIX funded Expansion</td>
<td>132,106</td>
</tr>
<tr>
<td>Title XXI funded Expansion</td>
<td>9,437</td>
</tr>
<tr>
<td>DSH Funded Expansion</td>
<td></td>
</tr>
<tr>
<td>Other Expansion</td>
<td></td>
</tr>
<tr>
<td>Pharmacy Only</td>
<td></td>
</tr>
<tr>
<td>Family Planning Only</td>
<td>4,342</td>
</tr>
<tr>
<td>Enrollment Current as of</td>
<td>10/1/08</td>
</tr>
</tbody>
</table>

**DELIVERY SYSTEM**

Acute care services are provided by ten private or county-owned health plans, which are selected through a competitive bidding process. Effective October 1, 1997, the 15 Arizona counties were grouped into nine acute care Geographic Service Areas (GSAs). Health plans submit separate bids for each GSA they wish to serve. The bidding process weights access and quality factors more heavily than capitation rates. To help ensure that AHCCCS beneficiaries have access to appropriate medical care, health plan contracts stipulate specific provider networks, ensuring provider availability in both urban and rural locations. All members have a choice of at least two health plans. The acute care health plans also serve the KidsCare population.

The ALTCS program is managed by AHCCCS through seven program contractors who are responsible for the EPD delivery system. Program contractors are responsible for providing all acute care services covered under AHCCCS to LTC eligibles and they are paid a capitation rate for each enrollee. With the bid process for contracts beginning October 1, 2000, the GSA structure was extended to LTC and the ALTCS program began the process of competitively bidding the services of the program contractors. Prior to that date, only one program contractor operated in each county. Beginning October 1, 2000, ALTCS EPD members residing in Maricopa County have a choice of three program contractors, including the county government and two private contractors. As of October 2001, all GSAs are part of the ALTCS competitive bid process. The Arizona Department of Economic Security is the sole program contractor for the DD population statewide.

There are two separate delivery systems for behavioral health services in Arizona: one for persons enrolled in the acute care program and one for persons enrolled in the long term care program. All behavioral health services for enrollees in the acute care program are administered through the Arizona Department of Health Services, which in turn subcontracts with five Regional Behavioral Health Authorities (RBHAs) and three tribal RBHAs (TRBHAs) located throughout the State. The RBHAs are responsible for client evaluation and diagnosis, service and treatment planning, case management, coordination with the Health Plan, and providing all behavioral health services through subcontracts with behavioral health providers. For ALTCS enrollees, services are administered through the Program Contractors. The Program Contractors may contract for behavioral health services through providers or the RBHAs.

**BENEFITS**
The AHCCCS program covers inpatient and outpatient hospital services, emergency room care, physician services, outpatient health services, lab, X-ray, pharmacy, behavioral health services, and several other services.

Benefits covered under ALTCS include acute care services as well as Nursing Facility days, Intermediate Care Facility for the Mentally Retarded days, case management, behavioral health services, and HCBS. HCBS covered by ALTCS include home health care, homemaker services, personal care, adult day health, hospice, respite care, transportation, attendant care, environmental modification, life line alert, and home-delivered meals. Habilitation and day-care services are also covered for the DD population.

The behavioral health services provided are primarily outpatient. They include individual and group therapy and counseling, emergency crisis behavioral health care, partial care, psychotropic medications, behavior management, and psychosocial rehabilitation. Inpatient psychiatric hospital services are available for persons under 21 years of age and Institution for Mental Disease services are available for members 65 years of age and older. For adults 21 through 64, behavioral health services are covered in three types of inpatient facilities: psychiatric health facilities, detoxification facilities, and crisis stabilization facilities. With the renewal approved October 27, 2006 the Institutions for Mental Disease (IMD) waiver authority is being phase out over a 3-year period. This will make the program consistent with other 1115 demonstrations.

Family planning services are provided to eligible recipients who lose SOBRA eligibility at 60 days postpartum for up to 24 months with a re-determination of eligibility, including income, at 12 months. The income limit for re-determination of eligibility is 133 percent of the FPL.

QUALITY AND EVALUATION PLAN

AHCCCS specifies standards that plans must meet for the number and types of providers in each contract’s geographical location, requires plans to routinely provide data documenting a plan’s stability and levels of care provided, and requires plans to conduct various studies measuring patient outcomes.

Recognizing that most of the Federal requirements for quality assurance activities currently in place are geared to address problems in traditional fee-for-service programs, AHCCCS developed and implemented a Quality Management program tailored for a managed care environment. In 1995, CMS and AHCCCS entered into a partnership on a Quality Management Initiative that is designed to measure health care outcomes with quality indicators and encounter data. AHCCCS regularly submits acute and LTC utilization reports and Quality Indicator reports and also conducts and publishes member satisfaction and provider satisfaction surveys.

COST SHARING
In accord with waivers granted to the State of Arizona, copayments may be imposed on covered services. Providers are responsible for the collection of copayments from members. The following is a listing of Cost Sharing by program:

**Arizona Acute Care Program (AACP) Cost Sharing** – With the exception of individuals eligible for the title XIX waiver group (the MED Expansion Group and adults without dependent children 0-100 percent FPL), cost sharing does not exceed nominal cost sharing limits. Individuals eligible for the title XIX waiver group are subject to the following co-payments:

- a. Generic prescriptions or brand name prescriptions if generic is not available - $4
- b. Brand name prescriptions when generic is available - $10
- c. Non-emergency use of the emergency room - $30
- d. Physician office visit - $5

**Arizona Long Term Care System (ALTCS) Cost Sharing.**

- a. Monthly Premiums for ALTCS. The AHCCCS may implement a monthly premium on ALTCS eligible households with an adjusted gross income at or above 400 percent of the FPL that have children under the age of 18 years with developmental disabilities enrolled in ALTCS.
- b. The total of all monthly premiums will be 2 percent of the annual adjusted gross income for households with income between 400 percent and 500 percent of the FPL and 4 percent for households with income at and above 500 percent the FPL. There will be no distinction between institutional or non-institutional placements.

**Arizona HIFA Cost Sharing.**

- a. Adults without dependent children follow all AHCCCS cost sharing rules per paragraph 33(d). The State may choose to implement the following co-payments for adults without dependent children:
  - i. Generic prescriptions or brand name prescriptions if generic is not available - $4;
  - ii. Brand name prescriptions when generic is available - $10;
  - iii. Non-emergency use of emergency room - $30; and
  - iv. Physician office visit - $5
- b. Parents will have the following fee schedule:

<table>
<thead>
<tr>
<th>Premiums (October 1, 2006 through December 31, 2006)</th>
<th>100%-150% FPL</th>
<th>151%-175% FPL</th>
<th>176%-200% FPL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premiums (effective January 1, 2007)</td>
<td>3% of Net Household Income</td>
<td>4% of Net Household Income</td>
<td>5% of Net Household Income</td>
</tr>
<tr>
<td>Enrollment Fee</td>
<td>$15</td>
<td>$20</td>
<td>$25</td>
</tr>
<tr>
<td>Deductibles</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Co-payments</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>ER Co-pays</td>
<td>$1 if no emergency</td>
<td>$1 if no emergency</td>
<td>$1 if no emergency</td>
</tr>
</tbody>
</table>

- c. Enrollees in the ESI program will have cost sharing set by their employer-
based coverage.

**STATE FUNDING SOURCE**

Virtually all Medicaid state match funds are received as appropriations from the Legislature or from initiatives enacted by Arizona voters. Sources include the General Fund, Tobacco Settlement Funds, Tobacco Tax Funds, and county funds.

**CONTACTS**

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