

**H4004 Preferred Medicare Choice  
Dual-Eligible (Full Benefit) Special Needs Plan**

**Model of Care Score: 95.00%**  
**3-Year Approval**

**January 1, 2015 – December 31, 2017**

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**Target Population**

PMC Medicare Choice is a Dual-Eligible Special Needs Plan (D-SNP), which serves Puerto Rico. The plan has approximately 27,649 D-SNP members. PMC serves the needs of full dual members that are eligible for Medicare benefits and also receive Medicaid benefits from Puerto Rico.

Demographically, a majority of the population is female at 59.1 percent followed by males at 40.9 percent. The majority of females are in the 70-74 age range and the majority of males are in the 0-64 age range.

In terms of the vulnerable subpopulations, D-SNP individuals have substantial health, economic and other disparities. An analysis performed by PMC shows that 77 percent of members have not completed high school, while 59.4 percent of members have an income of \$10,000 or less (indicating that they live at or near the poverty line) and 50.8 percent have problems with walking.

**Provider Network**

Contracts are in place with a network of medical professionals to provide health care services to chronic condition members. PMC's network provides specialized expertise to manage SNP member's physical and behavioral conditions. The provider network that focuses on C-SNP members includes, internal medicine, cardiologists, endocrinologists, mental health and other specialties.

PMC evaluates the adequacy of the network for the D-SNP population on an annual basis to guarantee compliance with provider-to-member ratios, while also taking into account any individual or regional needs of the membership. The annual assessment evaluates the most frequently visited provider specialties. If PMC identifies the need for additional physicians in order to comply with the network adequacy requirements or population needs, the plan contracts with additional providers.

**Care Coordination**

PMC utilizes a health risk assessment (HRA) to begin the care coordination process. The HRA acts as a screening questionnaire for estimating health problems, risk factors, and risk probabilities of the membership. The plan uses the HRA to assess a member's probable utilization of services, probability of repeated admissions and other health-related needs. The HRA also estimates cognitive needs and includes medical and mental health history.

Once the plan has collected and analyzed the HRA data, PMC develops an individual care plan (ICP) for all members and maintains it in an electronic health records system. The system takes into account clinical practice guidelines and recommendations from case management staff when building the care plan. The plan develops the ICP and evolves components as the member moves across care settings and experiences health status changes. Care plan components include, goals, preferences, limitations, problems, barriers and interventions. PMC develops all of the components according to input from the member, electronic algorithms, care planning staff, established self-management goals and objectives.

PMC maintains an interdisciplinary care team (ICT) to address SNP member's needs. The ICT consists of health professionals who are involved in the analysis of a patient's health outcomes, in order to set goals and establish alternate actions to improve member health status. The ICT works as an integrated team in order to set, modify or update care plan goals. PMC determines the ICT composition by the medical, mental and social needs of the member. Depending on member needs, the ICT analyzes health status, discusses care plans, adjusts goals, and recommends interventions to address specific member needs in order to improve their overall health.

This MOC summary is intended to provide a broad overview of the SNP's MOC. Although the full extent of any MOC cannot be conveyed in a short summary, this summary provides the reader with a general overview of how the SNP addresses beneficiary needs.

For more information about this health plan refer to the Special Needs Plan's website at:  
[www.pmcpr.org](http://www.pmcpr.org)