## H3113 Oxford Health Plans (NJ), Inc. Institutional (Institutional Equivalent - Living in the Community) Special Needs Plan

**Model of Care Score: 75.00%** 

2-Year Approval January 1, 2015 – December 31, 2016

## **Target Population**

The Oxford Health Plans (NJ), Inc. (UnitedHealthcare) Institutional Equivalent Special Needs Plan (I-SNP) serves Medicare members who are eligible for an institutional care for more than 90 days but reside in the community within one of its service areas. These individuals require assistance with their medical, cognitive or functional conditions and activities of daily living.

Based on data from UnitedHealthcare's total I-SNP population, the average age of the membership is 69 years old and 72 percent of members are female. The majority of the membership is White (76 percent) and Black and Hispanic members comprise 18 percent and 3 percent respectively. The majority of members speak English (99 percent).

Prevalence rates for the top five health diagnoses/conditions within the population include: vascular disease (70 percent), major depressive, bipolar, and paranoid disorders (43 percent), congestive heart failure (41 percent), diabetes with chronic complications (32 percent) and chronic obstructive pulmonary disease (29 percent).

## **Provider Network**

UnitedHealthcare's network offers members a full spectrum of care to meet their unique needs. It includes primary care physicians (PCP); physicians specializing in internal medicine, family practice, gerontology, cardiology, endocrinology, nephrology, behavioral and mental health, orthopedics, urology, rheumatology and ophthalmology; long-term care specialists and hospital "Centers of Excellence."

The plan's ancillary network includes pharmacists, physical/occupational therapists, speech pathologists, radiology and laboratory specialists and dialysis centers. In addition, members have access to skilled nursing facilities, durable medical equipment and other ancillary providers in each area.

The network includes a wide range of home health agencies which can be aligned with assisted living facilities to provide care for the members. The nurse practitioner or physician assistant (NP/PA) works with the PCP to coordinate services that meet members' needs within the scope of their benefits.

## **Care Coordination and Management**

Within 30 days of enrollment, the NP/PA performs a face-to-face, comprehensive initial health risk assessment (HRA) to determine a member's health status. The HRA assesses the member's chronic conditions, medications, general health, utilization, mental health, service needs and/or psychosocial needs. The plan also uses the HRA to screen members for enrollment into specific clinical programs and stratify members into a risk category. The NP/PA completes the HRA as part of the initial medical history and physical assessment and later as part of a quarterly review. When there is a change in the member's health status or after a hospitalization, the NP/PA conducts an additional assessment.

The PCP and NP/PA develop an individualized care plan (ICP) with the member and/or caregiver to develop agreed upon interventions based on the member's preferences and knowledge of the member's conditions. The ICP contains interventions to support the member's maximum level of functioning, promote quality of life and meet established goals, noting the risks and benefits of each one. The NP/PA reviews the ICP with the member and/or caregiver and the PCP, and updates it at least monthly to reflect any changes in condition, treatment plan or changes in the preferences of the member. Other members of the interdisciplinary care team (ICT) review and update the ICP as they become involved with the member's care. The ICT also reviews the ICP during monthly case rounds, quarterly case conferences or anytime the member's condition warrants it.

Every member has access to an ICT led by the PCP, and includes at a minimum, the member and/or caregiver(s) and the NP/PA. As the member enrolls in various clinical programs, the ICT will add members. These team members consist of a case management associate, specialty physicians, pharmacists, nutritionists, therapists, mental and/or behavioral health experts, home care providers and other social service providers.

This MOC summary is intended to provide a broad overview of the SNP's MOC. Although the full extent of any MOC cannot be conveyed in a short summary, this summary provides the reader with a general overview of how the SNP addresses beneficiary needs.

For more information about this health plan refer to the Special Needs Plan's website at: <a href="https://www.UHCMedicareSolutions.com">www.UHCMedicareSolutions.com</a>